

# EURAXESS FOR YOU - IMPROVING YOUR CAREER PROSPECTS



## THINK ABOUT YOUR CAREER

Knowing your skills, strengths, values and motivations is of high importance when considering your future career options and reflecting on the various career paths you may choose, both within and outside academia.

In the increasingly diverse global research environment, assessing and improving your skills, life-long learning and actively engaging yourself in your own personal and career development is vital to be flexible and successful in your professional career path.

## EURAXESS SERVICES ARE DESIGNED FOR YOU

We at [EURAXESS](#), are working every day to provide researchers from all over the world with **the information, tools, skills** and **resources** that support your long-term professional career goals.

Established by the European Commission in 2004, EURAXESS is one of the largest networks supporting researchers' mobility and career development in Europe, with **more than 600** support centers in **42** countries. [EURAXESS Worldwide](#) is the international arm of the EURAXESS initiative, with 8 international hubs that promote Europe as a research and innovation destination, while building scientific collaboration between Europe and the world. It is our dedication to develop services and tools which are purposely designed to help boosting your research career.



**IMPROVE  
YOUR SKILLS**



# EURAXESS TOOLS

**EURAXESS Portal** offers a **range of resources**, developed by experts in professional and personal development in the course of implementation of our network projects.

All of our services and tools are **free of charge** and available **online** so you can use them whenever you wish to improve your research and transferable skills. Whatever stage you are at in your research career, our self-assessment tools will help you to test your skills and find the resources you need to advance in your career development.

## Career Development Resources for Researchers

Collection of external learning resources such as training materials; links to online career activities and webinars; articles, advice or guidance; case studies. The resources are aimed at trainers and people who are responsible for researchers training, although researchers may also find some of the resources useful.

### **Outcomes:**

- Build your knowledge about information literacy, disciplinary working, IPR.
- Get advice on leadership skills, managing a research career, professional development.
- Learn about public engagement and researcher self-assessment.
- Use resources for market exploitation of research results and working with industry.

## Discover Careers Beyond Academia

This is a guide about careers in economic sectors outside academia. The tool provides information on different economic sectors, open job positions and related competencies and skills needed, advice on career planning and inspiring career stories from researchers who are now working in other sectors.

### **Outcomes:**

- Learn about what it is like to work outside of academia.
- Acquire up-to-date labor market information on what careers are available.
- Read career stories from researchers across Europe no longer working in academia.
- Learn practical information about career planning
- Get advice and guidance on getting a non-academia job

## Talent Development Suite

The tool aims at assisting postdocs from one through three years after completing their PhD. Talent Development Suite can also be used to support PhDs and postdocs more than three years after their PhD. It is structured into four assessment sections: Future, Present, Past and Personal Journey Map.

### **Outcomes:**

- Achieve a better understanding of your professional and your private life.
- Find out what is your personal vision in defining and clarifying your professional future as well as your private aims.
- Figure out what steps you should take in order to achieve a successful career and a fulfilled private life.



<u>Intercultural Assistant</u>	<u>No Limits Toolkit</u>	<u>REFLEX Online Application</u>
<p>It aims at raising researchers' awareness of the complexity of the intercultural encounters they are likely to experience when on the move. It consists of four sections: What is Culture; Boost Your Intercultural Competence; Compare Cultures; Socializing.</p>	<p>Provides researchers with advice on how to explore their own needs. It offers different quizzes, links to resources, information and opportunities. It has four sections: Values and Motivations; Skills; Career Options; Plan Your Development.</p>	<p>Provides examples of activities which can be carried out to support the professional development of researchers in five key areas: Career Development; Academic Skills and Development; Company and Organizational Interaction; Mobility and Networking.</p>
<p><b>Outcomes:</b></p> <ul style="list-style-type: none"> <li>• Test and develop your intercultural communication skills and competences.</li> <li>• Learn how to become a part of a new community.</li> <li>• Get practical tips about how to find support while adapting to a new cultural environment.</li> </ul>	<p><b>Outcomes:</b></p> <ul style="list-style-type: none"> <li>• Identify what is important for you in your career.</li> <li>• Have a good understanding on how to build on your skills and knowledge.</li> <li>• Consider a wide range of career options and plan to reach your professional goals.</li> </ul>	<p><b>Outcomes:</b></p> <ul style="list-style-type: none"> <li>• Explore which career support services are already available at your institution.</li> <li>• Find the opportunities which labor market offers for your career.</li> <li>• Identify key areas of your professional development.</li> </ul>

## JOIN EURAXESS COMMUNITY

**Register** on EURAXESS Portal for **free** and join one of the largest online communities of European and international researchers. You can have access to **thousands of research jobs, funding and hosting offers** on the EURAXESS portal, while benefiting **free of charge** of personalized assistance to relocate and integrate in your next research destination, through the network of support centers for researchers.

## GET PERSONALIZED ADVICE

EURAXESS **Career Development Centres** support your professional career in research in various ways. Find the Centre near you and request guidance and advice you need.

